

Quality of Life Active Support Avenues

Quality of life for those with high support needs is all about seeking suitable/appropriate activities for the individual from a range of active support avenues. We are therefore seeking your ideas to expand the following, which are just to give you a start

1. Outside the home activities:

- Going for a meal
- The Spa
- The Pool
- A walk

2. Domestic activities in and around the home;

- Put clothes in the washing machine
- Help put clothes on the line
- Un-load the dishwasher
- Help lay the table

3. Interactive activities in and around the home;

- Play with a ball
- Foot spa
- Communications
- Do puzzles